

NURSING ANNUAL REPORT

2023



Lake Charles
Memorial
Health System



Excellence in Action

Message from our CNO

Dear Colleagues,

As we reflect on the past year, it fills me with immense pride to present to you our annual report for 2023. Despite the unprecedented challenges healthcare and our profession continue to face, our unwavering commitment to excellence, compassion, and innovation has propelled us forward, ensuring the delivery of exceptional care to our patients and community.

Throughout the year, our nursing team has demonstrated unparalleled dedication and resilience in the face of adversity. Whether it was adapting swiftly to new protocols, providing comfort to patients and their families, or supporting one another, your steadfast commitment to our mission has been truly inspiring.

I am delighted to report that our nursing department achieved several significant milestones over the past year. Here are some highlights:

- **Patient-Centered Care:** Our focus on patient-centered care remained steadfast, with a continued emphasis on empathy, respect, and dignity in every interaction. Through collaborative efforts and innovative initiatives, we have enhanced the overall patient experience and achieved several areas of improvement.
- **Clinical Excellence:** Our nursing staff continued to excel in clinical proficiency, embracing evidence-based practices and leveraging advancements in healthcare technology. This dedication to excellence has resulted in improved patient outcomes across various specialties and clinical settings. With your commitment to excellence, we have reduced hospital acquired infections and improved our culture of safety.
- **Professional Development:** Investing in the professional growth and development of our nursing team has always been a priority. Through robust education and training programs along with mentorship opportunities and career advancement pathways, we have empowered our nurses to reach new heights in their careers while ensuring the highest standards of care. We now have a record number of certified RNs, a record number of RNs with multiple certifications, a record number of graduate prepared nurses and a record number of Advanced Practice Registered Nurses. In addition, our leadership in our “Healthy Workforce” journey is driving a culture of professional respect and kindness.
- **Community Engagement:** Our commitment to serving the community extended beyond the walls of our facility. Through various outreach programs, health fairs, and educational initiatives, we have made a positive impact on the health and well-being of individuals and families in our local area.
- **Innovation and Research:** Embracing innovation and fostering a culture of continuous improvement has been instrumental in our success. We are now deep in our journey to transition our EMR to one system/patient centered EMR, the “gold standard” of EPIC. Nursing engagement and guidance is pivotal in the successful deployment of this technology and will provide the foundation for many other technological advancements that assist nurses in caring for their patients.

As we look ahead to the future, let us continue to build upon the foundation of excellence that we have established together. As a team, we will navigate the challenges that lie ahead, seize opportunities for growth and innovation, and continue to make a meaningful difference in the lives of those we serve.

I extend my heartfelt gratitude to each and every member of our nursing team for your dedication, compassion, and unwavering commitment to excellence. Your hard work and resilience are truly appreciated, and I am honored to lead such an exceptional team.

Thank you for your continued dedication to our patients, our community, and each other.



Sincerely,

A handwritten signature in black ink that reads "Gerald Bryant, DNP, RN". The signature is written in a cursive, flowing style.

Gerald Bryant DNP, RN
Chief Nursing Officer, Chief Operating Officer

“God is not unjust; He will not forget your work and the love you have shown him as you have helped his people and continue to help them.” - Hebrews 6:10

Shared Decision Making and Structural Empowerment

Nursing Professional Practice Model

Our Vision Statement

We are Memorial nurses. Together, serving our community heart to heart. We are:

- dedicated
- compassionate
- resilient
- united

Our Mission Statement

Memorial's nursing mission is to promote a caring culture that empowers each nurse to provide safe and quality care to patients and families and to uphold Memorial's commitment to the community through excellent leadership, evidence-based practice, and professional development.

Our **Nursing Professional Practice Model** is an illustration of how our nurses practice as key participants of the collaborative healthcare team. The practice model helps describe and guide nursing practice throughout the Lake Charles Memorial Health System. It captures the values, goals, and relationships that define our professional identity. The model promotes high quality and consistent care, improves outcomes for patients and families, job satisfaction, and a positive work environment.

The model incorporates our nursing mission, vision and values as the foundation for all we do.

The Lake Charles Memorial Health System logo is at the center of the nursing professional practice model. The logo consists of four interconnecting hearts representing the caring connection between our patients, family members, community and nurses. Our nurses understand the importance of forming positive relationships between the entire healthcare team and every person who enters our health system. We identify the core values of our nurses as united, compassionate, dedicated and resilient. Surrounding the hearts and core values are the key components:

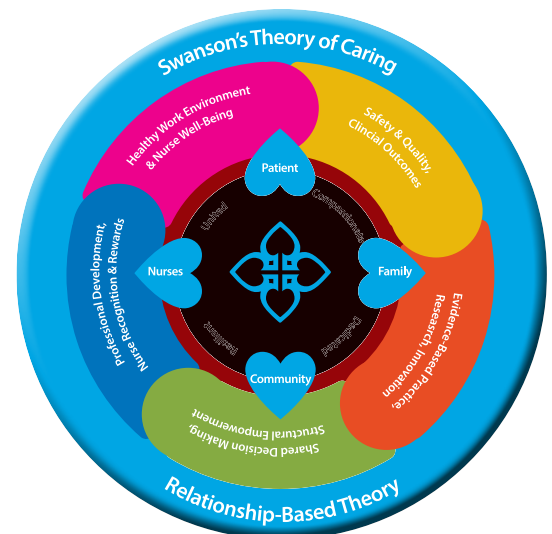
- Safety, Quality, Clinical Outcomes
- Evidence-Based Practice, Research, Innovation
- Shared Decision Making, Structural Empowerment
- Professional Development, Nurse Recognition & Rewards
- Healthy Work Environment & Nurse Well-Being

We strive to continuously build upon these components in order to improve outcomes for our patients, patients' families, community, nurses and the entire healthcare team.

Grounded by the work of nursing theorists, the model utilizes the following nursing theories:

Swanson's Theory of Caring describes nurse-patient relationships that promote wholeness and healing. It is a framework that incorporates education and research with traditional values and caring attitudes. The theory identifies five major concepts: caring, knowing, being with, doing for, enabling, and maintaining belief.

Relationship-based care (RBC) has been embraced by the nurses at LCMHS based on the idea that patients have better outcomes and recover more quickly when strong therapeutic relationships exist in an organization. RBC is the way we provide care to our patients, their families, and each other.



Shared Governance Councils

Shared governance is a cornerstone of effective nursing practice, ensuring that decisions are made collaboratively and inclusively. At both the unit and hospital levels, nursing councils serve as vital platforms for this collaborative approach.

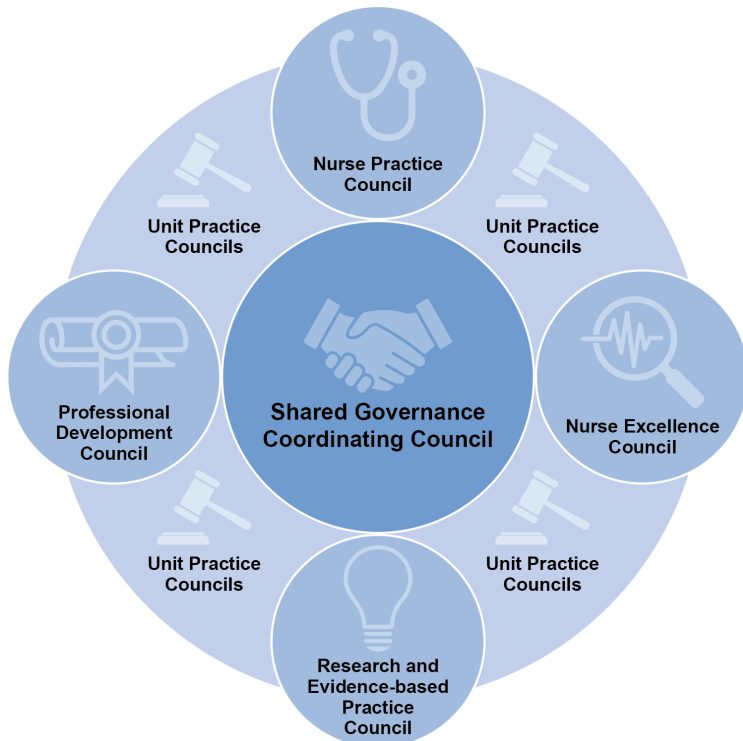
Comprised of bedside nurses who bring firsthand experience and insights, these councils are the heart of shared governance. The council leaders, chosen by their peers, guide the council's activities, ensuring that the voices of frontline staff are heard and valued.

Supervisors play a crucial role within this framework, offering support and guidance as needed while respecting the autonomy of the councils. Importantly, decisions regarding nursing practice are not made in isolation; instead, they are the result of meaningful dialogue and cooperation between management and the councils, reflecting a commitment to excellence and mutual respect.

Throughout 2023, our shared governance councils and our nursing leaders worked together to rebuild our four large councils; Nurse Practice Council, Professional Development Council, Nursing Excellence Council, and Research & Evidence Based Practice Council. Strategic planning was completed and the councils are excited about their 2024 goals.

Nurse Practice is looking forward to increased involvement in nursing policy and procedures and making recommendations for guidelines in practice. Professional Development is incredibly proud of the number of newly certified nurses for 2023 and will continue to raise awareness to the importance of certification and lifelong learning. Nursing Excellence in conjunction with the Quality and Infection Control departments has formed subcommittees for Falls, CAUTI, CLABSI, and C-Diff. These committees will continuously review internal data and make recommendations for performance improvement. Research Council continues to support all councils with obtaining the latest information in peer review literature.

Current Nursing Governance Structure



Large Facility Councils



Nursing Education Fair

The annual Nursing Education Fair, hosted by the Professional Development Council, dazzled attendees with its vibrant disco theme. Embracing the spirit of the 1970s, nursing staff donned retro attire, adding a lively touch to the event.

This spectacular occasion was the result of meticulous planning and collaboration between the dedicated members of the shared governance council and educators from various disciplines. Throughout the fair, nurses had the invaluable opportunity to deepen their expertise across a wide spectrum of topics.

Attendees had the chance to immerse themselves in sessions covering crucial areas such as; Vancomycin therapy, external urinary devices, code blue procedures, effective utilization of crash carts, code white protocols and the swift response strategy of code BEFAST. Moreover, they delved into trauma guidelines, techniques for utilizing restraints judiciously, comprehensive wound care protocols, proactive wound prevention strategies, management of blood transfusion reactions, handling of C-diff infections, and the intricate administration of heparin drips.

This engaging and enlightening event not only provided a platform for knowledge enhancement but also fostered a sense of camaraderie and shared learning among the nursing staff.





Multidisciplinary Rounds (MDR)

Multidisciplinary Rounding (MDR) was implemented in 2023 to enhance communication within the interdisciplinary team. Conducted daily on inpatient units, MDRs bring together the patient's physician, nurse, case manager, and other pertinent ancillary services like physical therapy and pharmacy. These sessions facilitate discussions on the patient's current care plan and anticipate post-discharge needs.

Palliative Care Consults

Our objective was to enhance the utilization of palliative care consultations for eligible patients. Our palliative care policy has played a pivotal role in facilitating the assessment and interventions necessary for patient care. Upon admission to the hospital, all adult patients undergo screening using the Center to Advance Palliative Care's Palliative Care Screening Criteria (listed below). Positive screenings trigger a Case Management/Social Services consult for Palliative Care Services, facilitating a review of available palliative care options at discharge with the patient and their family. Additionally, referrals for Palliative Care Services in the community setting are provided upon discharge if desired by the patient/family.

We implemented a hard stop in our electronic health record system, resulting in a significant increase from only 9 screenings conducted in the first quarter to 214 screenings in the third quarter of 2023. Continual efforts are underway to refine and enhance the consultation process, ensuring that patients who could benefit from palliative care receive appropriate services. The hard stop feature mandates staff to complete the screening assessment comprehensively before proceeding, thus ensuring thorough evaluation.

Evidence-based Practice, Research, and Innovation

Oncology Team's Gamification Project

In April 2023, Rae Gardiner MSN, RN, Director of Nursing for Oncology, traveled to the 43rd Oncology Nursing Society Congress in San Antonio, TX. She participated in a poster presentation of her team's work related to Oncology Education Escape Room. Nurse Managers, Victoria Orsot BSN, RN and Briley Wilson BSN, RN, worked with Gardiner to develop the Oncology Education Escape Room as part of oncology nursing staff annual education. At the poster presentation, Gardiner discussed the objectives, interventions and evaluation of the Oncology Education Escape Room.

In addition to her poster presentation, Rae and the Oncology Nursing Team served as content experts in the Oncology Nursing Society's ONS Voice magazine in March 2023. Gardiner provided insights in using gamification in oncology nurse education. The team's response to using an escape room for annual education was overwhelmingly positive. Kristina Spivey BSN, RN was interviewed for the publication and states, "No matter how long you have been a nurse, refresher courses are a necessity to stay on top of best practices and to keep your knowledge current. The escape room was an extremely fun and challenging means of doing so."



The publication can be viewed at:

<https://voice.ons.org/news-and-views/gamification-helps-oncology-nurses-retain-their-cancer-knowledge-and-best-practices>

Nurse Residency 2023

The Lake Charles Memorial Health System's New Graduate Nurse Residency Program is geared towards supporting new graduate nurses through their first year of practice, with the use of an Evidence-Based curriculum and support from trained preceptors and facilitators. At the conclusion of the program, the nurse residents present Evidence-Based projects and innovations used to drive hospital policy and improve patient care. In 2023, the program welcomed Cohort 6 (9 participants with 88% retention rate) and Cohort 7 (41 participants with 82.9% retention rate).



Cohort 6 Presentations:

- Enhancing Patient Outcomes Through Standing Orders
- Effects of Increased Environmental Noise in Neonates in the Neonatal Intensive Care Unit

Cohort 7 Presentations:

- Acuity Based Staffing
- Benefits of Violence Prevention Training for ED Staff
- Delayed Bathing in Newborns
- Improving Infection Control Using CHG Cloths
- Improving Surgical Pre-Operative Process
- The Incentive Spirometer

ENA Research Presentation

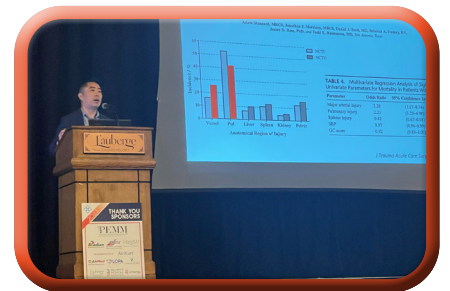
Emergency Nurses Association (ENA) granted Victoria Nash MSN, RN, CEN, TCRN the Emergency Nurses Diverse Voices Research (ENDVR) fellowship in 2022 where she was assigned a professional mentor to guide her through her first research study. Victoria was given the opportunity to present her research findings via poster presentation at the National ENA Conference in San Diego, CA where conference attendees were able to read and discuss the findings. The research project was titled “Evaluating the Experiences of LGBTQIA+ Nurses in the Emergency Department Setting” and will be published in 2024/2025.



2nd Trauma Symposium

Lake Charles Memorial's Trauma System, with the support of The Foundation, put on the second Trauma Symposium in November 2023. There were over 175 nurses, EMS providers, physicians and other allied healthcare providers in attendance for this one-day event, held at L'auberge Casino Resort's Grand Ballroom. The speakers included healthcare experts from a variety of backgrounds and healthcare facilities around the state and keynote speaker, Canada-based trauma expert, Dr. Dennis Kim. Topics covered included the use of REBOA, MTP and decreasing the time of adequate resuscitation, MCI and disaster preparedness, evidence-based practice techniques for pain control with rib fractures, trauma in pregnancy and recognizing injury patterns in the pre-hospital setting. Several vendors were in attendance to present additional information and products that improve trauma care.

This event would not be possible without the support of our Platinum Sponsor, PEMM.



3rd Annual Trauma Symposium

November 7, 2024

Visit lcmh.com/trauma for more information.

Advanced Simulation Training

When welcoming your newest family member into the world, you expect the best-trained nurses by your side caring for you and your new bundle of joy. That's why Lake Charles Memorial Hospital for Women uses advanced training and nursing education simulation tools to ensure that the nurses in your delivery room are more prepared than ever.

Gaumard's "Super TORY" baby and "NOELLE" mom are among the most advanced childbirth simulation technologies on the market, designed to deliver an immersive experience like no other. By mimicking actual patient responses and complex medical conditions, this unparalleled realism is bridging the gap between theory and practice. LCMH for Women is the first hospital in the region to use Super TORY for nurse education, elevating the level of childbirth care in the community. "Our nurses are already extremely talented and passionate about labor and delivery, but having access to this caliber of training takes it to the next level," says Kimberly Eaves, Director of the Women's and Children Services.

This technology is made possible by the supporters of The Foundation's Women's and Children's Fund. The Foundation at Lake Charles Memorial Hospital is a 501(c)3 not-for-profit entity and serves as the philanthropic arm of the health system. Every dollar raised is used to assist the health system in funding programs and projects, advancing facilities and technology, and directly affecting the lives of our patients. It is through the support of generous donors that we are able to continue the rich tradition of caring that began more than 70 years ago.



NOELLE is the most-trusted, high-fidelity childbirth simulator in the world. Used for nurse training and education, NOELLE can simulate birth complications and routine and high-risk deliveries. Her automatic and fully programmable birthing mechanisms simulate a realistic birthing scenario, complete with verbal reactions and responses.



Super TORY is a full-term newborn weighing 8 pounds and measuring 21 inches long. She can cry, grunt, blink her eyes, and move her mouth and all four limbs. She can be programmed to breathe and produce heart and lung sounds, and she can even respond to a mechanical ventilator. She includes 10 simulation learning scenarios that will better prepare nurses for any situation at birth.

Diabetes Education Recognition

The American Diabetes Association awarded Education Recognition to the Diabetes Self-Management Services at Lake Charles Memorial Hospital in April 2023. This recognition validates adherence to the National Standards for diabetes and confirms commitment in providing quality diabetes education in our community.



Trauma Center Redesignation

In October 2023, the Trauma Center at Lake Charles Memorial Hospital underwent a rigorous virtual re-verification assessment conducted by the American College of Surgeons. This comprehensive two-day evaluation ensures our adherence to the stringent standards essential for sustaining our Trauma Center designation. Following the process encompassing meticulous chart reviews, interviews with diverse staff members and physicians, and a thorough examination of our outcomes, we proudly retained our Level 3 Trauma Center status for another three years.



Moreover, we were honored with the distinction of being recognized as a "Surgical Quality Partner" by the esteemed American College of Surgeons. This prestigious acknowledgment underscores our unwavering commitment to upholding the highest benchmarks in surgical care.

Stroke Center Certification

Achieving Primary Stroke Center Certification, through The Joint Commission in collaboration with the American Heart/American Stroke Association, declares that LCMH is making exceptional efforts to foster better outcomes for ischemic and hemorrhagic stroke patients. This designation signifies to our community that the quality of care we provide meets the unique and specialized needs of our stroke patients.

Using evidence-based practice guidelines, the LCMH Stroke Program develops policies and protocols, tailors staff education, implements performance improvement initiatives, and provides community outreach. LCMH was initially certified in 2019 and completed the second recertification survey in July 2023.



Professional Development and Nurse Recognition & Rewards

The DAISY Award, an international recognition program to honor nurses who provide exceptional, care began at Lake Charles Memorial in May 2020. At LCMHS, DAISY recipients are selected monthly. Nominations are submitted by patients, patients' family members, coworkers or leaders. The Nursing Excellence Shared Governance Council reads each DAISY nomination story and selects the DAISY of the month.



For 2023, **111 nurses** across LCMHS were nominated for the DAISY Award. Some nurses received multiple nominations throughout the year. Each nominee receives a DAISY Nomination pin and a copy of their nomination story. The monthly award recipients receive a healer's touch statue and a coveted DAISY pin. They are also recognized on the DAISY Wall which is located in the entry hallways of LCMHS Oak Park campus and Women's campus. LCMHS truly has extraordinary nurses!

2023 DAISY Nominees

Ahsia King	Crystal Williams*	Kari Thibodeaux*	Paige Martin
Alaina McVicker	Dana Guillory	Karli Klein-Monceaux	Patricia Montou
Alisa Boudoin*	Dani Cooley	Karli Roger	Rae Gardiner*
Alyssa Cody	Danyynn Dugas	Kasey Aguillard*	Rheagan Ortego
Amanda Boutin*	Dara Bearb	Katie Barras	Richard Caldwell
Andrea Arnoldi	Deandrea Etienne	Katy Colley	Rika Armentor
Ashlee Johnson	Deanna Burger	Kennedy Wilson	Robin Mercer*
Ashley Espinoza*	Destany Planchard	Khamone Riley	Rose Devones
Ashley Lovejoy	Elaine Cooley	Khristina Mayo	Sam Nunez
Ashley Medina	Ellen Frey	Kirsten Regan*	Samantha Trahan*
Ashley Brown	Ena Jones*	Kristina Spivey	Santana Wilkerson
Ashlyn Poole	Garrett Erbeling	Leah Landreneau	Sarah Flores
Austin Owens*	Grace Mango	Liliana Landaverde*	Sharon Coleman-Semien*
Autumn Johnson	Hannah Cupit	Lisa Matteson	Shatonya Joseph
Autumn Plauche*	Hayley Guinn	Madison Dyer	Shay Matt
Breanna Benoit	Hayley Halliday*	Madison Landry	Shayla Williams*
Brittany Johnston*	Heather Romig	Maria Primeaux*	Shayna Miller
Brittney Shallow	Jalyn Parker	Mariel Chatoney-Gauthreaux*	Sierra Miller
Carolyn Robinson	Janis Reynold	Marla Myers	Sydni Raspberry
Celise Bruce*	Jared Primeaux	Mary Kate Marcantel*	Sylvia Downing
Christina Thornhill	Jessica Broussard	Mary Richard	Taylor Stroud*
Chrystal Thibodeaux*	Jessica Percle*	Megan Thomason	Tenny Miglicco*
Ciara Conway	Jessie Dunham	Meghan Penn*	Tiffany Joseph
Claire Heinen	Jonathon Ross*	Michelle Gloston	Tonya Whitehouse*
Claire Dupuis	Josey Manuel*	Monica Engel*	Trent Rivere
Courtney Manuel	Kaitlyn Houston	Neal Bellon	Wesley Albares
Craig Windham*	Kaley Bertrand	Nicole Senegal	Zach Castillo
Crystal Crochet*	Karen Newton	Niki Bowman*	

**Multiple nominations*

2023 DAISY Winners

The DAISY Award[®]
FOR EXTRAORDINARY NURSES
HONORING NURSES INTERNATIONALLY
IN MEMORY OF J. PATRICK BARNES

Thank You
NURSES
2023

Lake Charles Memorial Health System

Month	Winner Name	Department
January	Annette Belcher	ER Case Management
February	Cassi Duhon	NICU
March	Celise Bruce	7 Tower
April	Ena Jones	Pulmonary Associates
May	Hannah Cupit	2 Tower
June	Crystal Williams	8 Tower
July	Kasey Aguillard	ICU
August	Danyynn Dugas	ER
September	Ashley Espinoza	2 Tower
October	Liliana Landaverde	Pediatrics / PICU
November	Heather Romig	Family Birth Center
December	Austin Owens	Pediatrics/PICU

Excellence in Nursing Banquet

Nursing Excellence Shared Governance Council hosted the 4th annual "Excellence in Nursing" banquet on May 11, 2023 at the Charleston Ballroom Downtown. Every year at this event we recognize and honor our nurses who earned a certification in the previous year, received a DAISY award, or advanced their nursing degree. All currently certified nurses are also invited to attend. Dr. Dana Clawson was the guest speaker for the event. A special presentation was given by Dr. Gerald Bryant who presented Deanna Burger with the DAISY Lifetime Achievement Award.





Certified Nurses at LCMHS

The American Nurses Credentialing Center (ANCC) has a recognition day for certified nurses every year on March 19th to honor certified nurses' expertise and commitment to the health care field as well as the impact they have on patient care and outcomes. Certification is a testament to the dedication to maintaining the highest standards of practice and staying abreast of advancement in respective specialties. From March 2023-March 2024, 39 LCMHS nurses achieved a new certification pertinent to their field of nursing. The total number of certified nurses across LCMHS was 135. The grand total of nursing certifications was 178 meaning that several nurses have earned multiple certifications.

Accredited Case Manager

PESHOFF, DENISE BLANCHARD

Acute/Critical Care Nursing (Adult)

ABSHIRE, NICHOLAS RYAN

BONNETTE, ANNE E

BOURG, ALEXIS*

BREAUX, MEGAN DIANE

BURGER, DEANNA LYNN

COLLEY, KATY RAE

COMEAX, ALEXIS BROWN

DUDLEY, JACOB*

ISTRE, RAYLEE*

MANUEL, COURTNEY BROOKE

MARTIN, PAIGE

STICKNEY, SEAN CHRISTOPHER

VIGEE, DIONNE RENEE

WHITE, STEPHEN*

MILLSLADGLE, GENA RICHARD

Acute/Critical Care Nursing (Pediatric)

KERSHAW, MARILYN JOAN

Ambulatory Care Nursing

CROCHET, CRYSTAL DAWN*

GARDINER, RAE

MYERS, SKYLEE ELIZABETH

ORSOT, VICTORIA ANNE

RICHARDSON, MALIA MARIE

STROUD, TAYLOR BUSTAMENTO*

VEILLON, DIANA ZULEMA*

WELSH, OLIVE MICHELLE

Cardiac Vascular Nursing

FONTENOT, JESSICA J

HICKS, NATASHA M

Certified Breast Care Nurse

PRIMEAUX, JARED PAUL

ROACH, WENDY BETH*

SUIRE, LAURA L*

Certified Breast Patient Navigator - Cancer

RICHARDSON, ELLEN M

Certified Cardiac Rehabilitation Professional

HEBERT, MONICA V

SMITH, MICHELLE FUSELIER

Certified Clinical Documentation Specialist

WRIGHT, SANDIE*

Certified Clinical Nurse Educator

NOVAK, THERESE*

Certified Diabetes Care and Education Specialist

DEMOURELLE, KAREN

Certified Emergency Nurse

BAILEY, JORDAN AARREN*

BOST, TAYLOR*

ISLER, KENNETRA

KYLE, TRACIE WALKER

LANTZ, VICTORIA GRACE

NASH, VICTORIA DENISE

VINCENT, TAMMACEE D

Certified Gastrointestinal Registered Nurse

GILLETT, NATALIE TATE

HARRELSON, MELISA MARIE

HOOPER, KIMBERLY

MACKAY, SHEILA

MYERS, JENNIFER N

RICHOUX, JONI MICHELLE

Certified Lactation Counselor

LEBOEUF, FARRAH JOUETT

ROSTEET, HOLLIE

Certified Nurse Educator

FOREMAN, JENNIFER ANN

HIGGINS, SIERRA M

RANDEL, CHARON D

Certified Nurse Operating Room

BRAKE, CANDICE LYNNE

ENGLAND, JAMI STEWART

FREY, GWENDOLYN L

IVEY, MELISSA MARIA

MCDONALD, KELLY ROGERS

MILLER, AMY

RISER, JAUVAUGHN C

SHERMAN, DIANE KAY

Certified Pediatric Nurse

BARNES, GINA M

COOLEY, ELAINE ANN

LANGLEY, MICHELLE

LOVEJOY, ASHLEY MARLER

Certified Professional Coder

PESHOFF, DENISE BLANCHARD

Certified Professional in Healthcare Quality

DIETZ, KATELYNN NOEL

Certified Psychiatric Mental Health

SIMON, GERLYN

Certified Registered Nurse Infusion

RICHARDSON, MALIA MARIE

Certified Rehabilitation

Registered Nurse

SPEARS, REBECCA HOFFMAN

Inpatient Antepartum Nursing

WELLS, CARLY

Certified Nurses at LCMHS

Inpatient Obstetric Nursing

BRADLEY, LEAH K
CANNON, KAYLA REYNA
EAVES, KIMBERLY
GUIDRY, BAILEIGH BREANN
JEANE, JESSICA RUTH
LOCKHART, HALEY MICHELLE
MALLET, MIRANDA M
MCCOMBS, CHERYL
MONTOU, PATRICIA ANN
MORALES, LISA
PENNICK, KRISTY H
SMITH, CAITLYN N
VIZINA, ELESIA R

International Board Certified Lactation Consultant

FONTENOT, LORRI
VIZINA, ELESIA R

Maternal Newborn Nursing

PRIOLA, VICKI E
ROBINSON, LAURA M

Medical-Surgical Nursing

BRYANT, ALICIA B*
BUTLER, LACI JAYE*
CUPIT, HANNAH KATHRYN
ENGEL, CHRISTIANA L
GARDINER, RAE
GUINN, HAYLEY MICHELLE
KIRKLAND, DANIELLE N
MATTESON, LISA*
RANDEL, REBECCA ANNE*
SAVOIT, JACOB
SPIVEY, KRISTINA DALYNN*
SPIVEY, LOGAN EDWIN*
STOMA, TAYLOR LAUREN
WILLIAMS, CRYSTAL*
WILSON, BRILEY JADE
WILSON, KUIANA BROWN*

Neonatal Intensive Care Nursing

ARMENTOR, RIKA
KEELEY, ALLISON MARY
LEGER, JADE TIFFANI
PELOQUIN, KARI

Nurse Executive, Advanced

ENGEL, CHRISTIANA L
GARDINER, RAE
SMITH, JADA W
SUAREZ, KRISTY L
WILLIS, SHAWNTEL M

Nursing Case Management

KOHLER, MELISSA ERIN

Nursing Professional Development Certification

DUPLECHAIN, LEE ANNA
ENGEL, CHRISTIANA L
FOREMAN, JENNIFER ANN
GALLOWAY, NIKKI L
ORSOT, VICTORIA ANNE
RANDEL, CHARON D
SUAREZ, KRISTY L

Obstetric and Neonatal Quality and Safety

MCCOMBS, CHERYL

Oncology Certified Nurse

CROCHET, CRYSTAL DAWN
DELINO, CAITLIN NICOLE
DURR, BRIDGET C
EDDY, AMBER
GARDINER, RAE
GUINN, HAYLEY MICHELLE
HOLMAN, TABITHA SUMMER
HUSSAIN, LEILAWATIE
JOHNSON, ASHLEE SHUTZ
MATHEWS, CHRISTINA ANNE
MAYO, KHRISTINA ANNETTE
MEDLEY, BRITTANY DANIELLE
MYERS, SKYLEE ELIZABETH
ORSOT, VICTORIA ANNE
PRIMEAUX, JARED PAUL*
RANDEL, REBECCA ANNE
RICHARDSON, ELLEN M
RICHARDSON, MALIA MARIE
ROACH, WENDY BETH
SPIVEY, KRISTINA DALYNN
SPIVEY, LOGAN EDWIN
STROUD, TAYLOR BUSTAMENTO
SUIRE, LAURA L
THOMAS, COURTNEY
THORNILL, CHRISTINA*
WELSH, OLIVE MICHELLE

WILSON, BRILEY JADE

Pediatric Nursing

ENGEL, MONICA JEAN*
JOHNSTON, BRITTANY EAST*
KERSHAW, MARILYN JOAN*
LANDAVERDE, LILIANA ESPITIA*
MATT, SHERLYN SHAY*
MERCER, ROBIN*
OWENS, AUSTIN*

Sexual Assault Nurse Examiner – Adult

BROUSSARD, ELIZABETH GUILLORY
MOODY, JENNIFER HELENE*
PLAISANCE, JESSICA MARIE
SMITH, TAMMY
VINCENT, TAMMACEE D
Sexual Assault Nurse Examiner –
Pediatric
BROUSSARD, ELIZABETH
GUILLORY*
PLAISANCE, JESSICA MARIE
SMITH, TAMMY
VINCENT, TAMMACEE D

Stroke Certified Registered Nurse

WEAVER, NATASHA PAIGE
WILLIS, SHAWNTEL M

Trauma Certified Registered Nurse

BAILEY, JORDAN AARREN*
ISLER, KENNETRA*
JOHNSON, MACKENZIE*
KYLE, TRACIE WALKER*
LANGLEY, MICHELLE*
LANTZ, VICTORIA GRACE
MARCEAUX, MARIA ANGELLE*
NASH, VICTORIA DENISE
STICKNEY, SEAN CHRISTOPHER*

Wound Care Certified

LYONS, PORTIA PAULETTE

**indicates newly certified nurse*

Nursing Excellence Fund

The Foundation at Lake Charles Memorial Hospital continues to support professional development of nurses. In 2023, financial support through the Nursing Excellence Fund was awarded to four nurses to assist them in covering costs of certification preparation resources. These nurses all successfully passed their certification exam and will be honored at the Annual Excellence in Nursing banquet. The Nursing Excellence fund was also utilized in 2023 to assist with sending an Emergency Department nurse to the Emergency Nursing Association annual conference. The professional development is vital to our nursing mission of providing quality, evidence-based care and improved patient outcomes. The generosity of donors is greatly appreciated.



Lake Charles
Memorial Hospital
The Foundation

Emergency Nurses Association (ENA) Conference

ED Employees Monica Carroll, Victoria Bryan, Caitlin Young, Victoria Nash, and Desire Boyd attended the National ENA Conference in San Diego, CA. This was made possible with support from the Louisiana ENA, LCMH Emergency Department, and LCMH Foundation. The ENA Conference involved 3 days full of education sessions on common issues seen in emergency departments, updates in evidence-based practice, and ways to support nurses during healthcare challenges.



Nurse Practitioner Celebration

We took the opportunity to celebrate all that our LCMHS Nurse Practitioners do for their patients, students, and community during our first LCMHS Nurse Practitioner Social Night. The event took place November 15, 2023 during National Nurse Practitioner Week. At Crying Eagle Brewing Company, we honored our 70+ highly skilled Nurse Practitioners from across LCMHS. Our NPs often work behind the scenes providing primary care, counseling, diagnoses, health education and prescriptions. The 2023 theme was *It's Your Time to Shine* since our NPs dedication and unwavering commitment shines brightly in our community.



Developing our Future Nurses: LCMH Extern Program

RN-Student Externs assist registered nurses in delivering excellent patient care and gaining real-world experience in a clinical setting. This position has been an excellent opportunity for nursing students in our community to apply their theoretical knowledge and develop essential clinical skills. LCMH had approximately 130 RN students participate in the Extern program in 2023.



Elisabeth Paul (NICU)

I love the benefit of learning new skills. It's cool to see what I'll be doing in my area of chosen practice and getting the experience that comes with working side by side with a NICU nurse. It has guided my choice to work in the NICU and will help me transition due to learning the differences compared to clinical in adult care.



Emily Bordelon (8T Cardiology)

My favorite part of the program is shadowing a nurse and connecting my knowledge learned in school to my extern work. Especially, because I do not have any medical background in my family. The extern program will help with my transition to my RN role on 8T by applying my skills and learning new techniques and tips. I am able to establish my own routine more readily.



Shelby Stafford (ED)

Being an extern has helped me with my clinical rotation by decreasing the culture shock I may have gotten had I not already been working in the hospital. I am no longer as nervous. I see many things that help me relate with what I am learning in school to what I am seeing and learning in the field.



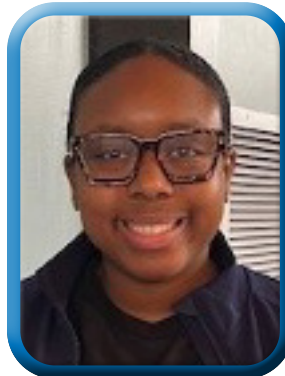
Gabrielle Marceaux, RN, APP (Pediatrics)

I wanted to work in pediatrics and got to stay the last six months of school on that unit. I was able to get to know the people and get familiar with the unit layout and where everything was located. Plus, I was able to learn about the different pumps pediatrics use compared to the adult units. My knowledge learned from being an extern made my transition a lot easier.



Heidi Henry (2T)

I am getting acclimated to the hospital setting. The extern program helps me connect what I am learning in school to best practice. The staff have been supportive. Externing will help me transition to my RN role by giving me a solid knowledge base in acute care.



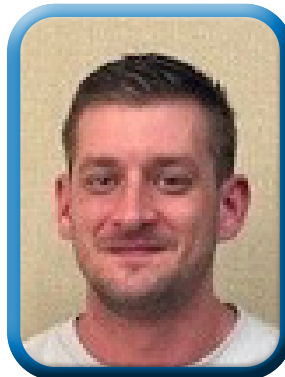
Alakyn Collins, RN, APP (ED)

The best thing about the extern program is being able to fully immerse in the unit of your choice. No matter when or where I worked the staff always made me feel a part of the team. The teamwork and kindness displayed during my externship made for an easy transition to nurse residency. I am better prepared to care for patients because I was well aware of the expectations of the department. The stress and fears of being a new-graduate nurse can be heavy, but my colleagues support me every day. Becoming a nurse is a journey but I am thrilled that I chose to be a part of Team Memorial.



Chelsea Baumgartner (5T)

I am getting experience working on a unit with nurses before entering my clinical rotation. I enjoy learning what it's like in the hospital and am able to see what I am getting myself into. I enjoy floating to various units. It has opened my eyes to how different areas of the hospital function.



Brock Babineaux, RN, APP (NICU)

What I liked most about the extern program was the exposure to different nursing specialties in the hospital setting and the opportunity to earn experience on a larger scale and depth than solely attending clinical in the college nursing programs.

I was able to transition more smoothly into the RN role due to the hard work and dedication of the nurses who mentored me throughout the time I spent rotating through each unit. With their effort and patience, I was able to further develop my skills and familiarization with each specialty. The more time and effort I gave back to the nurses, the more prepared I became to work as an RN post-graduation.

Healthy Work Environment & Nurse Well-being

The Nursing Excellence Shared Governance Council created the P.O.P Award which stands for Positive Outstanding Peer. This peer nominated award helps us recognize employees who consistently spread kindness and positivity around LCMHS. The council enjoys delivering thank you notes and “pop” surprises (popcorn, soda pop, lollipop, etc.) to all the nominees. In addition, the council selects one overall P.O.P recipient each quarter. Congratulations to the following nominees who help promote a positive work environment.

2023 POP Award Recipients



Quarter 1
Josh Duplechain
ITS



Quarter 2
Candice Thibodeaux
Non-Invasive Cardiology



Quarter 3
Toni Jack (left)
5 Tower



Quarter 4
Laura Iles
Dietary/Cafe

2023 POP Award nominees:

Velma Alexander
Veronica Andrus
Marti Armistead
Kayde Broussard
Tommy Broussard
Kennedy Chaney
Tanya Nicki Crooks
Hannah Cupit
Loretta Declouiet
D'shante Deville
Jessie Dunham
Claire Dupuis
Jason Easton
Mike Erickson
Rhonda Fontenot
Lisa Fuselier
Clara Gaines
Luke Gaskin

Elizabeth Gaspard
Tasha Gatewood
Diandra Grasty
Krystle Griffin
Dana Guillory
Tiffany Guillory
Austin Hebert
Jackie Hunter
Shondalynn Jasmine
Janice Jolivette
Deya Jones
Jeremy Key
Monica King*
Lamark Latour
Brad Lefranc
Valerie Leviner
Cadi Manuel*
Clarence Mathis

Hanna Mcfarlain
Kelli Melancon
David O'Quain
Jessica Percle
Mariel Chatoney
Isabel Shamsie
Carly Stevens
Tina Stevens
Anjeanette Taylor
Lora Terry
Kimberly Thomas
Crystal Trahan
Brenda Washington
Constance Williams
Phillip Williams
Annie Zito

*Multiple nominations

2023 Wellness Fair

The Professional Development Shared Governance Council hosted their 2nd Wellness Fair. Employees gathered October 26 at Oak Park Campus and October 27 at Women's Campus to enjoy learning about a variety of wellness and self-care related topics such as healthy eating, fitness, financial planning, and vitamin D deficiency. The pet therapy and relaxation stations were also a hit. The departments with the highest percentage of employee attendance were rewarded with giant coloring posters.



Promoting Positivity and Kindness

Nursing teams across the organization continue to find creative ways to promote positivity and kindness. These teams live by the motto “the care we provide one another is just as important as the care we provide to our patients”.



Our Pediatrics and PICU Team consistently brighten up their department with themed positivity boards.



The ED staff were asked to write down the “personal purposes”. Caitlin Young, an ED healthy workforce champion gathered all the “purposes” and created a beautiful visual for the staff.



The SANE Team sets aside time monthly for peer review meetings to discuss concerns and receive departmental updates, healthy workforce topics, and education. The team makes time for fun and fellowship, and they particularly enjoy their annual department Christmas party.



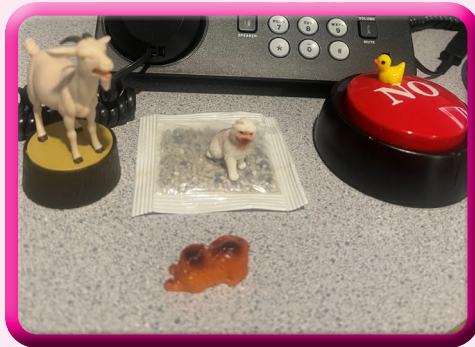
ICU and CVOR staff participated in the annual “Battle of the Bayou” beach volleyball tournament August 24, 2023. This event was hosted by Cornerstone. Nursing staff and other healthcare professionals from around the region participated in the team building event. The LCMH team was called “CABG Patch Kids”. T-shirts were provided by Dr. Lugo. Courtney Manuel, an ICU educator and healthy workforce champion stated, “This event was a fun way to unite our team with other hospitals and to see us all participate in something fun outside the hospital.”



The Digestive Health Clinic team developed a “Kudos to You” board where they encourage their coworkers to submit a card to nominate a fellow coworker for doing a great job. Staff found this encourages everyone to look for the good in each other.



LCMH cannot get enough of Dr. Dogs' furry friends.



The Cath Lab started with placing little plastic ducks, then other animals appearing throughout the department (on computers, phones, desk etc.) Then, they moved to placing stickers and magnets for holidays on the lockers or on lunch boxes. The team enjoyed spontaneously finding random items. They also adopted a toy goat which made a whining noise when you pressed the button, to bring attention to negativity in a non-threatening manner. In addition, the team provided Lanell, the Director of Cath Lab, with a “NO” button. This became a light-hearted way to turn down various, multiple requests from the staff and providers. The Cath Lab also came up with many other unique ways to bring kindness and laughter to their department by implementing “the joke of the day”, crazy sock days and a King Cake challenge. The team continues to take every opportunity to decorate the department for nurses’ week, birthday months, weddings, and retirements.



ED staff loved sending in photos of their pets to be highlighted at the nurses station, it brought lots of positive vibes to the ED.



Inpatient Oncology reminds employees to always greet people. This board made everyone smile.



Surgical Services knows how to deal with a “ruff” day!

Red Carpet Treatment

LCMHS implemented ways to “roll out the red carpet” in 2023. Red Carpet Treatment is a tactic to help welcome newly hired employees and employees who are providing assistance to a unit that is not their home department. The concept is that we should treat all people who do not normally work in our department like guests in our home. This is one of the four Culture of Caring Initiatives introduced to the organization by Dr. Renee Thompson from the Healthy Workforce Institute. The other initiatives LCMHS has adopted are titled “Sacred Spaces”, “Shift Success”, and “Mother Bear”.



ICU leaders asked each of their new graduate nurses to send in a picture and a little bit about themselves. The new nurses were asked what made them chose nursing, hobbies, etc. It was a great way to help them feel welcome as well as helping others to put a face with a name and get to know them a little better as well!



The Professional Development and Diabetes Education Department welcomed Carlee Fast, our new Diabetes Educator. She was greeted with a few goodies, balloons, and a literal red carpet.



McNeese State University nursing faculty and students give a shout out to the Inpatient Oncology Team for the hospitality and mentorship they provided during their clinical rotation. The 2 Tower staff did a great job rolling out the red carpet to our future nurses.

Gina Barnes, Director of Pediatrics states her team has enjoyed working together to find various ways to “roll out the red carpet” for new hires. “We

assign new hires consistent mentors/preceptors and we reach out to the employee via text prior to their first day on the unit welcoming them. We also provide lunch on their first day along with a welcome gift. For our float personnel we have badges with codes to all of the doors and phone numbers. We provide another badge to give them highlights of charting for their shift (i.e frequency of vital signs, round charting, I and O's).



Safety & Quality, Clinical Outcomes

Risk Review: Serious Safety Event Rate (SSER)

The Serious Safety Event Rate (SSER) serves as a critical metric in healthcare, assessing deviations that potentially impact patient safety. In evaluating SSER, three primary questions arise: was there a deviation, did it reach the patient, and did the deviation cause moderate to severe harm or death?

Comparing 2023 to 2022, there's a positive increase in event reports, with 1655 incidents reported in 2023 compared to 1446 in the preceding year. Concurrently, there was a decrease in the SSER for 2023. The ultimate goal remains a decrease in SSER, indicating enhanced patient safety measures and a proactive approach to risk management. The key focus for 2024 is to "Close the Loop," emphasizing the importance of addressing reported events comprehensively.



Patient Safety and Quality Scorecard

2022-2023		1st QTR 22	2nd QTR 22	3rd QTR 22	4th QTR 22	1st QTR 23	2nd QTR 23	3rd QTR 23	4th QTR 23
Safe Care	Goal								
Falls Rate per 1000 patient days	3.5	3.23	4.37	3.04	3.6	3.44	4.42	3.82	4.17
C-Diff (Clostridium Difficile)	<1	0.5	0.43	0.52	1.7	0.64	0.74	0.37	0.9
CAUTI (Catheter-Associated Urinary Tract Infection)	<1	1.7	0	0	0.91	0	2.4	0	0.67
CLABSI (Central Line-Associated Bloodstream Infection)	<1	3.8	1.28	0	1.23	1.08	1.11	0	1.042
MRSA (Methicillin-resistant Staphylococcus Infection)	<1	2.2	1.39	0	1.99	0	0	0.93	1.3

- **Falls Focus:** Implemented Falls Committee to prioritize prevention strategies
- **C-diff Infection Ratio:** Maintained consistency with a decrease of 7 infections in 2023. Implemented 2-step lab testing and enhanced timely collection of stool samples
- **CAUTI Ratio:** Maintained steady from previous year. 2024 Initiative: Nursing Excellence subcommittee formed to analyze internal Foley utilization data and develop comprehensive education plan for insertion and post-insertion care
- **CLABSI Ratio:** Achieved 50% decrease compared to previous year, maintaining ratio below 1 for the year. Implemented revised central line dressing change protocol and conducted audits on dressing change documentation
- **MRSA Ratio:** Achieved 50% reduction compared to previous year, reflecting effective infection control measures

Timely Treatment of Hypertension: Family Birth Center

PDSA Performance Improvement Report - 2023

Family Birth Center
Kimberly Eaves, MSN, RNC-OB

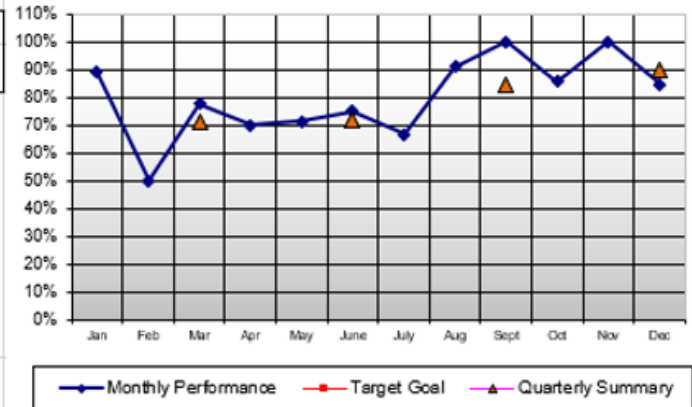
Performance Improvement Goal Timely Treatment of Hypertension

Improvement Opportunity: Hypertensive disorders of pregnancy have been identified as a leading contributor to severe maternal morbidity and mortality. Pregnant persons with hypertensive disorders who develop severe hypertension at delivery admission have been shown to experience higher rates of severe maternal morbidity relative to those without severe hypertension. Current guidelines recommend prompt treatment of severe hypertension given known associated maternal and fetal risks; however, only 1 previous study has described an association between timeliness of antihypertensive therapy and risk of severe maternal morbidity.

Data Collection Methodology: Monthly Audit of Birthing Persons with severe hypertension

Numerator: Number of Birthing Persons with severe hypertension blood pressure of 160/110 2 consecutive 15 minutes apart, treatment began within 60 minutes of initial blood pressure

Timely Treatment of Hypertension



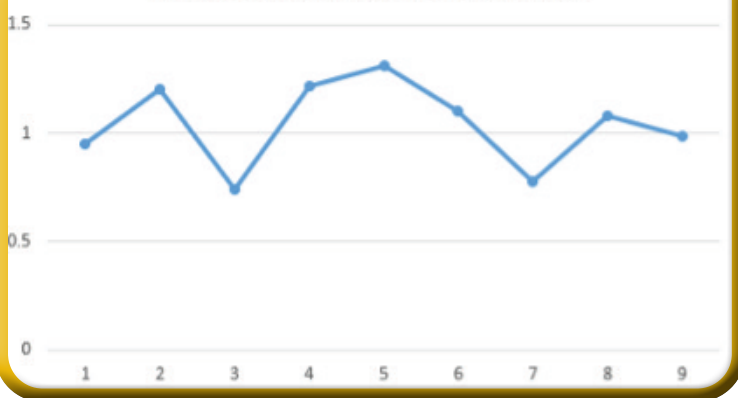
Denominator: Birthing Persons with BP of 160/110 x2 15 min apart

	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
Numerator	8	5	7	7	5	6	6	10	6	6	9	11
Denominator	9	10	9	10	7	8	9	11	6	7	9	13
Percentage	89%	50%	78%	70%	71%	75%	67%	91%	100%	86%	100%	85%
Target Goal	(Change target goal if needed)											
Quarter Summary	Qtr 1			Qtr 2			Qtr 3			Qtr 4		
	71%			72%			85%			90%		

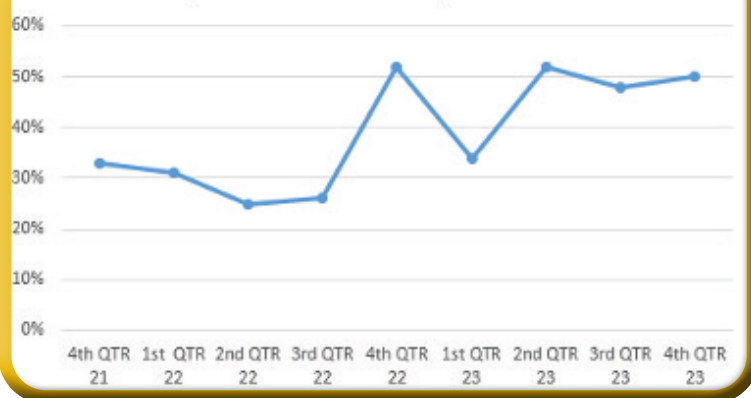
Note: Quarterly summary will fill automatically after all data for quarter has been entered.

Sepsis Bundle

Sepsis Severe-Shock Mortality Index



Sepsis 3 hr Bundle Compliance 50%



EBP: Sepsis 2022-2023		1st QTR 22	2nd QTR 22	3rd QTR 22	4th QTR 22	1st QTR 23	2nd QTR 23	3rd QTR 23	4th QTR 23
Sepsis 3 hr Bundle Compliance	50%	31%	25%	26%	52%	34%	52%	48%	50%
Sepsis Severe-Shock Mortality Index	1.16	1.2	0.74	1.22	1.31	1.1	0.78	1.08	0.99

Sepsis Bundle Compliance increased by 12% for the year of 2023, and mortality improved as well. Focus for 2024 - Nurse Led Sepsis Coordinator monitoring compliance with sepsis bundle and providing providers and staff education.

Catheter Associating Urinary Tract Infection (CAUTI) Prevention Measures: 4T Surgical Acute Care Unit

PDSA Performance Improvement Report - 2023

4T SACU
JADA SMITH MHA, RN

Performance Improvement Goal

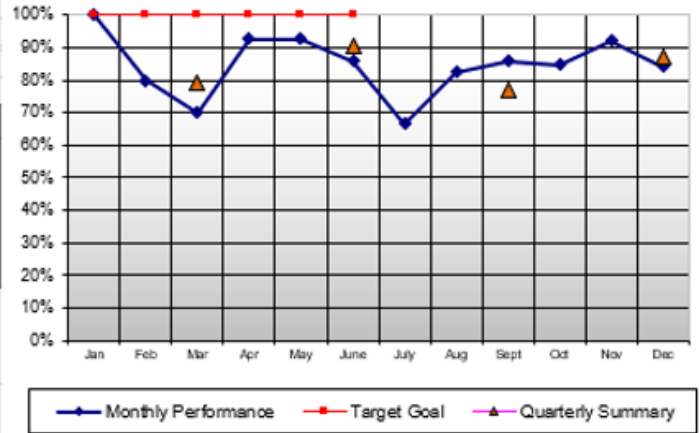
Identify and decrease the number of indwelling foley catheters without evidence based rationale for placement. Increase the number of indwelling catheters removed using the nurse driven protocol.

Improvement Opportunity: An opportunity exists to manage indwelling foley catheter insertion and maintenance using evidence based rationale to reduce the number of CAUTI events.

Data Collection Methodology: Monitoring will occur once daily during morning huddle and monthly, retrospectively to identify trends. The audit tool will contain the following elements: where was catheter placed, reason (EVB) for continued use, documentation for continued use and date foley discontinued. All retention will be evaluated for documented bladder scans and narcotic usage.

Numerator: Represents the portion of the denominator population that satisfies the conditions of the performance measure to be an indicator event. The numerator will represent all audit elements (data points listed above) completed appropriately.

CAUTI Prevention Measures



Denominator: Represents the population evaluated by the performance measure. (Specific information describing the population) The denominator will represent 100% of indwelling catheters on 4T.

		Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
Numerator	Number of (fill in numerator)	4	4	7	25	25	18	18	14	18	22	23	21
Denominator	Number of (fill in denominator)	4	5	10	27	27	21	27	17	21	26	25	25
Percentage	Percent of (numerator)	100%	80%	70%	93%	93%	86%	67%	82%	86%	85%	92%	84%
Target Goal	(Change target goal if needed)	100%	100%	100%	100%	100%	100%						
Quarter Summary		Qtr 1: 79%			Qtr 2: 91%			Qtr 3: 77%			Qtr 4: 87%		

Note: Quarterly summary will fill automatically after all data for quarter has been entered.

Improving Care for the Substance-Exposed Dyad (ICSED)

Family Birthing Center (FBC) collaborated closely with the Louisiana Department of Health (LDH) to spearhead the “Improving Care for the Substance-Exposed Dyad” (ICSED) initiative. This initiative was launched in September 2021 in response to findings from the Louisiana Pregnancy-Associated Mortality Review Report. The report identified substance use as one of the leading causes of pregnancy-associated, though not directly related, deaths among individuals giving birth in Louisiana.

Our facility is one of only 11 birthing facilities selected from across five of Louisiana's nine regions to participate in ICSED. Our teams are dedicated to enhancing the identification, care, and treatment of individuals affected by substance use and misuse, particularly opioids. Together with our partners, we are committed to fostering a comprehensive approach that addresses the unique needs of this vulnerable dyad population. Our ultimate goal is to improve outcomes and promote healthier futures for both parent and child.

Patient Experience Scores



Nursing Service Excellence Bundle

In the fourth quarter of 2023, a comprehensive training initiative was launched for both staff and leadership, focusing on enhancing HCAHPS scores and promoting service excellence. Dubbed as a “re-boot camp,” this program placed particular emphasis on the bedside shift report, AIDET model, purposeful hourly rounding, as well as the crucial aspects of care transitions and discharge planning.

Our overall performance surged to the 91st percentile by the end of the fourth quarter, marking a notable improvement from the previous quarter’s 86th percentile. Throughout 2023, our care transitions scores consistently remained above the 50th percentile, reaching 58% for the year.

Looking ahead to 2024, our primary objective is to seamlessly integrate this enhanced process into our daily care routines, ensuring sustained excellence in patient care and experience.

Community

Trauma Program

As the region's leader in trauma care, Lake Charles Memorial Health System (LCMHS) has taken on the responsibility of providing injury prevention education to the community, as well as high-level training to medical professionals and members of the community responsible for the provision of trauma care. Here are three of our programs helping to make a difference.

Stop The Bleed

Members of the trauma team regularly train community groups about a lifesaving technique: how to apply a tourniquet and pack wounds. This education is helpful in cases where the first person on the scene of a wreck or other trauma is not a first responder or medical professional. While they wait for the professionals, they can apply what they've learned in this training to help STOP THE BLEED.

Someone with life-threatening bleeding can bleed to death in as little as five minutes. This is why STOP THE BLEED training teaches bleeding control and helps regular people do an extraordinary thing: save lives.



Sudden Impact



The trauma team is actively engaged in a statewide effort to reduce distracted and impaired driving among teenage drivers, called Sudden Impact. The robust program in SWLA targets teens in their sophomore, junior and senior years of high school. There are three parts to the program: a classroom setting at the hospital, a mock car crash featuring student actors and a mock legal trial to show the consequences of poor decisions.

The program aims to reduce the number of deaths from the No. 1 cause of death in teenagers: distracted or impaired driving. In the 2022–2023 school year, the LCMHS trauma and outreach team engaged with four local high schools. For the 2023–2024 school year, the team is on track to increase that number to eight.

"I thought it would be funny to see the mock crash and see our friends acting, but they made it believable and made me realize this can happen to me." —Jennings High School student



Stroke Program

In collaboration with the Louisiana Emergency Response Network (LERN), our stroke program initiated educational sessions for nursing home nurses, focusing on prompt recognition and intervention for stroke cases. Our objectives for 2024 include extending this educational outreach to additional nursing homes and hospitals within the community. We've also conducted informative sessions on stroke awareness for various local businesses, fostering opportunities for learning and engagement. Additionally, we've delivered comprehensive stroke education to both staff and residents at retirement homes. Furthermore, we've enhanced our training programs for local EMS, updating protocols such as BEFAST and VAN (large vessel occlusion recognition) to ensure efficient response to stroke emergencies.

NICU

Carseat Check

Tasha Racca and Allison Keeley both attended a 40-hour course to become certified car seat safety technicians. This allows LCMH for Women to be a location within our community for families that deliver or anyone to ensure their car seats are installed properly. Appointments can be made by calling the NICU at 337.480.7050.

Contraband Quilter's Guild

The Contraband Quilter's Guild presented the NICU nursing staff with fifteen beautiful handmade quilts. The quilts were used to cover the NICU babies' bassinets to help decrease external stimuli and promote healing and rest. When these babies were discharged, they were able to take the quilt home with them. The nursing staff was overjoyed and grateful to be able to present such a special gift to fifteen families.



2nd NICU Christmas

NICU held their second NICU Christmas reunion. This was an opportunity for past NICU patients to come and take a picture with Santa and visit with the staff. Santa also visits the inpatients in the NICU, as well as Family Birth Center.



First Baby of 2023



Emergency Department

LCMH ED, along with CHRISTUS Oschner and Louisiana Emergency Nurses Association, hosted education events to address recognition of pediatric emergencies in the ED. Twenty-five of our ED nurses attended this education presented by Dr. Treme from the Children's Clinic. Some of the education was presented via a trivia game in which 2 of the 3 winners were from our ED. Congratulations to Breanna Benoit for winning first place. This opportunity allowed nursing staff to learn as they networked with counterparts from other hospitals.



Oncology Nursing Society

The Oncology Nursing Society is a nationally recognized organization that was formed fifty years ago by a few nurses who recognized the need to support their profession. In 2008, a group of dedicated oncology nurses at LCMH founded our local ONS chapter that is now known as Lake Area Oncology Nursing Society. This local chapter has expanded to thirty two members consisting of nurses all across Southwest Louisiana.

Lake Area Oncology Nursing Society hosted their 7th annual vendor fair on May 4, 2023. The theme was "May the 4th Be With You". Twenty-one vendors from various oncology related drug and product companies were present to educate nurses, pharmacists, and healthcare providers. Attendees from a variety of healthcare agencies across Southwest Louisiana enjoyed an evening of education, fellowship, and fantastic door prizes.



Getting to Know Our Heartbeat Heroes

Since its inception in 1975 as a single-room department, Lake Charles Memorial Hospital's Catheterization Laboratory has evolved into a dynamic center for cardiovascular care, boasting three state-of-the-art cath labs, including a hybrid room. This evolution mirrors the expansion of services offered which now encompass a comprehensive array of coronary and peripheral procedures.

Last year alone, the Cath Lab at Lake Charles Memorial Hospital performed over 5000 procedures, a testament to its pivotal role in the community's healthcare landscape. From routine diagnostic angiograms to complex interventions such as Trans-catheter Aortic Valve Replacements (TAVRs), carotid stenting, and Abdominal Aortic Aneurysm (AAA) graft stenting, the team demonstrates unwavering dedication and proficiency.

The success of the Cath Lab can be attributed not only to its advanced technology but also to the collaborative spirit of its staff consisting of cardiologists, registered nurses, and radiology technologists. Originally a team of three, the Cath Lab has now grown to a team of 18, working seamlessly together to ensure optimal patient outcomes.

Registered nurses work side by side with radiology technologists during every patient case. They report that their department presents a challenging yet deeply rewarding environment. Describing their experience as exhilarating and intense, they emphasize the importance of teamwork and engagement in every procedure.

La nell Landry, the Director of the Cath Lab states how proud she is of this team. They work very closely together to provide quality care and continuously employ ways to create a positive work environment.

As the Cath Lab continues to push the boundaries of cardiovascular care, it remains a symbol of excellence in the medical community as well as a role model for a healthy work culture. The team's commitment to innovation and patient-centric care, ensures that Lake Charles Memorial Hospital remains at the forefront of cardiac interventions while also living by the motto "The way we care for one another is just as important as the care we provide to our patients."





Excellence in Action
2023



2023



Lake Charles
Memorial
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